



TRIMETHYLAMINE
N-OXIDE (TMAO) IN
PLASMA BY LC-MS/MS







Website

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## TMAO and cardiovascular diseases

Trimethylamine N-oxide (TMAO) is a product derived from the metabolism of phosphatidylcholine, carnitine, g-butyrobetaine, betaine, and crotonobetaine, which can be found in red meat, eggs and other animalderived food (Miller et al. Am J clin Nutr,2014; Koeth et al. Cell metabolism, 2014). studies Some have suggested TMAO as a marker of the cardiovascular diseases such as coronary atherosclerotic burden (Shen et al. Frontiers in card. Med., Review, 2021).

